



UBPL 802

Cultivating Compassionate, Sustainable Communities 1:
Personal Transformation for Natural Hazards and Climate Change

Workshop III

May 4th 2019

8:00 a.m.-1:00 p.m., Snow Hall Room 201

8-8:15 a.m. Welcome and Re-Introductions

8:15-9:45 a.m. Emotions and Public Service

- Pair and Share Exercise: your insights and questions
- Group Discussion: insights, questions, clarifications
- Meditation Practice

Short break – lunch order

9:50-11:15 p.m. Disasters, Climate Change, Emotions, and Public Service

- Small Groups Workshop: Comparative Poster Exercise
- Sharing Posters and Group Discussion
- Meditation Practice

11:15-11:50 p.m. Leadership Discussion

- Pair and Share: Leadership Assignment
- Group Discussion: what kind of leaders do we want to be?
- Meditation Practice

Short break

12:00-1:00 p.m. Course Debrief

- What worked well?
- What are specific changes we should make for the next iteration of the course?
- What would you want out of a part II course that builds on this one?

Thank you!

